

St. Cloud Nordic News

Volume 20 May 2012

Issue 3

The Newsletter of the Nordic Ski Club of Central Minnesota



The **NORDIC** **SUMMER** Edition **SKI CLUB** **OUTINGS**



**Bike, Hike and
More...Look
Inside**

Nordic Ski Club of Central MN – Summer Outings – 2012

The Outings Committee has coordinated a variety of summer activities. Please join us for some warm weather fun in the sun.

Sometime in June or July (dates yet to be decided), probably Thursday thru Tuesday:

BACKPACKING THE SUPERIOR HIKING TRAIL

If you're interested in this hike, contact the organizer to settle on a date. On this backpacking trip we will hike the SHT from Judge Magney State Park to the northern end where it connects to the Border Route. Hike distance is 28.9 miles. For trail info visit <http://www.shta.org/Trail/TrailMaps/index.php>. Participants can finalize the itinerary but tentatively we'd drive to the north shore and shuttle vehicles on the departure day, spend 3 or 4 nights on the trail and return no later than the following Tuesday. Camping is at backcountry sites along the trail. You should provide your own pack and personal gear. Tents are typically shared as are costs for consumables & food.

Trip leader: Roger Sorensen, 290-6217, r.sorensen@charter.net.

June 9, Saturday: BIKING AT THE NISSWA STAMMEN

Meet in Nisswa between 9:30 and 10:00. View the only parade on a bike trail and then join the marchers onto the Stammen grounds for a day of Scandinavian music featuring groups from Norway, Sweden, Denmark, and Finland and numerous groups from Minnesota. We'll take an afternoon bike ride and then have options of staying longer for more music and the smorgasbord or returning home. There are a lot of food vendors on the grounds and an entry fee of \$10 (very cheap for what you get). Check out the web site at Nisswa Stammen for details about performing groups. Call trip organizer Pat McNeal at 253-0229.

June 16, Saturday: BIKE RIDE ON GLACIAL LAKES TRAIL

The Glacial Lakes Trail is a 22-mile paved recreational trail from Wilmar through Spicer, New London, Hawick to Paynesville covering terrain created by glaciers 10,000 years ago which left a variety of rolling hills, prairie lakes and small forests. Go west for a day. Tentative plan is to drive to Paynesville or Hawick, then bike to Willmar for lunch and return. Contact trip leader Jeff Koshiol at 253-5641.

June 30, Saturday: CANOEING ON THE MISSISSIPPI

Join us for a pleasant day-trip on a scenic stretch stretch of the Mississippi River just north of Little Falls. We will put in at Fort Ripley Landing and canoe to Belle Prairie County Park, a distance of 12 to 13 miles. Call trip the trip leader at least two days prior to the trip in order to allow time to plan the logistics of boat/car shuttles.

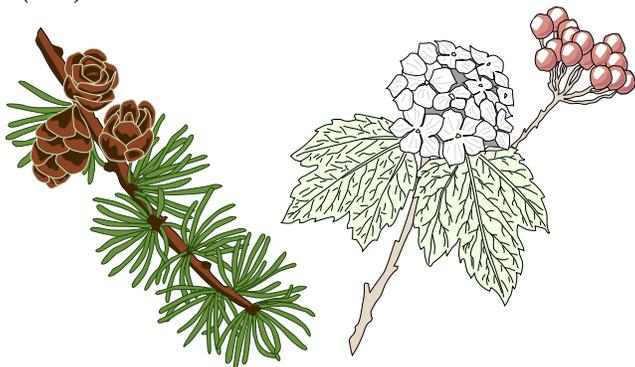
Trip leader Steve Zinsli 253-2018

July 4, Sunday: WINE & CHEESE SOCIAL AND FIREWORKS

Join us on the Fourth Of July for an evening wine & cheese social followed by fireworks on the Mississippi. Steve will host the event in his front yard, which overlooks the Mississippi. Steve's home is at 711 5th Ave N in St. Cloud. Come any time after 7:00 PM. Bring a bottle of wine and/or cheese & crackers to share. Lawn chairs would also be a good thing to bring. At dusk we will watch St. Cloud's 4th Of July fireworks display over the river.

Call Steve Zinsli at 253-2018.

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Summer Outings – 2012 – Nordic Ski Club of Central MN

July 14, Saturday: CANOEING ON LAKE SAGATAGAN

Enjoy the blissful serenity of paddling around Lake Sagatagan in a canoe. This is the lake that St. John's University is situated on, and except for the campus, its shores are wooded, wild, and undeveloped. As a part of our canoeing adventure, Carl B. will reveal some interesting details about the habits of Dragonflies and Damselflies found along the diverse lake & bog habitats. Try your hand at capturing a fast flying dragon with the help of provided insect nets. Call trip leaders Steve Zinsli 253-2018 or Carl & Diane Publitz 259-1939.

July 21, Saturday: BIKE RIDE TO CLEARWATER FOR BREAKFAST

Hey let's rock and roll to Clearwater Truck Stop.... Meet at Cindy's house at 7:00 AM. Scenic route. Let's be on a circular diet and eat a doughnut or two...or better yet, let's eat breakfast and bike home. It'll be a blast!
For more info call Linda C: 257-5787 or Cindy: 224-1104.

August 11, Saturday: A SUPERIOR DAYHIKE

This day hike is a 6.9 mile trek on the Superior Hiking Trail in the Duluth area. We'll meet at the Jay Cooke State Park trailhead then shuttle to the Munger trailhead (where last year's hike ended). Pack a lunch to bring on the trail. For trail info see <http://www.shta.org/Trail/Duluth.php>.

Trip organizer: Roger Sorensen (290-6217 or r.Sorensen@charter.net)

September 8, Saturday: BIKING WOBEGON TRAIL (BIKE TO LUNCH)

Join us as we bike the Lake Wobegon trail from Albany to Bowlus (round trip about 32 miles). A lunch stop is planned in Bowlus at Jordie's.

Call trip leaders Carl & Diane Publitz for details, 259-1939.

Late August -- early Sept. ??: WILD RICE HARVESTING

If you've ever thought about harvesting your own wild rice, then this outing is for you. Join experienced ricers (well, okay, we've done it a couple of times) Rick Walter and Denis McGuiness, as we set out on an all day adventure to Mallard Lake, just north of Mille Lacs Lake. This outing will take place sometime in late August or early September, depending on what dates the DNR sets for the ricing season. Each pair of participants will need a canoe, harvesting licenses, flail sticks, and a push pole (more information will be provided as we near the outing). Our goal will be to have enough rice (several hundred pounds) to take to a commercial processor. We will all split the finished product, and your holiday shopping will be done.

Call Rick at 654-9048 for more information and to add your name to the list.

September 22-29: BOATING AND BIKING IN AUSTRIA

Exciting fall bike and boat tour in Austria. We have a group of 6 of us confirmed on the tour September 22 – 29 down the Danube River. If you would like to join us go to the link below and sign yourself up. Note that you will be with the group named "spring chickens" in the appropriate field.

<http://www.biketoursdirect.com/Austria/danube-impressions-bike-boat-passau-vienna>

Further questions contact Steve W 259-7622 or Cindy R 224-1104.

SAFETY ALERT:

Helmets will be REQUIRED on all Nordic Ski Club bike outings.
It is also suggested that life jackets be worn by canoeists on all canoe outings.

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Local Community Events to Mark on your Calendar

2012 Lake Wobegon Trail Caramel Roll Bike Ride

Saturday, June 9th, 2012

8-10 am Check in and Registration

Start Point: Lake Wobegon Trailhead, Albany, MN

www.lakewobegontrails.com/events

or email us at Cliff@lwtrails.com

Take A Day Off on the Mississippi River

Saturday, August 11, 2012

Stearns County Mississippi River Park

10am-4pm Rain or Shine!

Call 320-251-7800, ext. 161

or email kimberly.tcremers@mn.nacdnet.net

online at <http://mysl.org/node/215>. For every five pair of ski bindings donated to be installed on these cross country skis, the Central Minnesota Youth Ski Club will keep one set of skis, boots, and poles locally to loan to youth that don't have their own Nordic ski equipment. Grant proposals are being submitted to help cover the cost of the ski bindings, but it is anticipated that additional funds will be needed and any help is appreciated. Also, the Central Minnesota Youth Ski Club gladly accepts donations of cross country ski equipment of any size, but it must be in a useable condition. Please contact Central Minnesota Youth Ski Club Coordinator Nicholas Snavely at (763) 232-4921 or stcloud@mysl.org if you would like make a donation. The Central Minnesota Youth Ski Club cross country ski bindings donation request letter can be found at

[http://mysl.org/sites/mysl.org/files/Central Minnesota Youth Ski Club Donation Request 03052012.pdf](http://mysl.org/sites/mysl.org/files/Central%20Minnesota%20Youth%20Ski%20Club%20Donation%20Request%2003052012.pdf)

Currently, we have raised \$1,025 from six donors out of the \$3,750 goal total we are striving for so far as of May 14, 2012.

A big THANK YOU goes to the following individuals and organizations that provided donations so far:

The Harv, Julie, Luke and Elliot Busta Family: \$500 (<http://web.stcloudstate.edu/babusta>)

Sons of Norway Barnelopet (St. Cloud, MN): \$200 (<http://mysl.org/sites/mysl.org/files/SONB-RegForm2012bw.pdf>)

Talleiv & Karen Vollen: \$100

Brian & Karla Myres: \$100

Sheet Metal Workers Federal Credit Union: \$100 (www.smwfcu.com)

Elene White: \$25

Donations needed

The Central Minnesota Youth Ski Club is currently raising funds to place ski bindings on 150 cross country skis already purchased by the Minnesota Youth Ski League. Every \$25 donated will purchase and install one pair of ski bindings on these cross country skis. Tax deductible donations of any amount can be sent to the Central Minnesota Community Foundation at 101 7th Ave. South, St. Cloud, MN 56301 or Minnesota Youth Ski League, P.O. Box 14132, St. Paul, MN 55114-0132. Please indicate "Central MYSL Nordic Ski Binding Donation" on the memo line of your check or under the "Order Comments" field if donating





Fifth Annual Barnelopet a Success

A very successful Sons of Norway Barnelopet was held Sunday, January 22, 2012 at Riverside Park with 130 children enjoying skiing. Each skier was awarded a colorful bib and medallion upon completion of their event. The Viking Age Club of St. Paul added to the festive atmosphere along with hot chocolate, cookies, and Norwegian pastries and Subway sandwiches. A trailer of free ski equipment was provided by the Minnesota Youth Ski League. Sons of Norway lodges from St. Cloud, Anoka, and Moundsview were the organizers, along with several members of the Nordic Ski Club of Central Minnesota volunteering in different capacities. The organizers of the Barnelopet are very grateful for the snowmaking done by the ski club and all the volunteers who worked on two different snowmaking weekends making it possible to hold the event.

Grooming Equipment Report

The Kubota RTV 1100 (top photo), purchased in November 2010, is the smaller of our two newest pieces of grooming equipment. It is a 25 HP unit that has a cab for two and pulls our smaller (84") Ginzugroomer from Yellowstone Track Systems (YTS). The Kubota Krawler M8540 (bottom photo) was purchased in November, 2011. It is an 85 HP unit that seats one and pulls our new, larger, steel-reinforced 108" Ginzugroomer from YTS.

The groomers have done a wonderful job with this new equipment over the past two years. Please thank the following groomers for their dedication to Nordic skiing in St. Cloud: Matt Stone, Kris & Kyia Anderson, Dan Fark, Bryan Amo, Joe Teff, Tom Rentz, Mike Schroden, Ben Doom, Bob Skow, and Mike Spaude.



Nordic Ski Club of Central Minnesota
1938 29th St. S.
St. Cloud, MN 56301



Membership Form

Household Membership Fee: \$20
 Student Membership Fee: \$5 (high school or college)

*Membership includes a ski club hat
 (you'll get an ecoupon for a hat when you join)*

Name(s) _____

Address _____

City / State / Zipcode _____

Phone Number _____

Email _____

I am interested in volunteering for the following activities...
 (circle your options)

- | | |
|-------------------|------------------------|
| Trail Work | Quarry Park Ski Patrol |
| Leading an Outing | Mailings/Newsletters |
| Moonlight Ski | CN MNYouth Ski League |

- Check here if this is a renewal membership.
 Check here if you do *not* want your name & phone listed in the membership roster.

Make check payable to:
Nordic Ski Club of Central MN
 Mail to:
 Laurie Leitch
 1938 29th St. South
 St. Cloud, MN 56301

Ski Club Board thru Sept 2012

Expires '12	Mike Schroden	230-4738
Expires' 12	James Bryer	253-7787
Expires '12	Roger Sorensen	290-6217
Expires '13	Bruce (Harv) Busta	259-8004
Expires '13	Dan Fark	252-1599
Expires '13	Julia Olson	255-1223
Expires '14	Carl Bublitz	259-1939
Expires '14	Jeremy Frost	230-6392
Expires '14	Gary Strandemo	255-9125

Officers & Coordinators

President	Heidi Harlander	253-0285
President-Elect	open	
Secretary	Julia Olson	255-1223
Treasurer	Phil Rogosheske	252-7291
MN Youth Ski League	Nick Snavely stcloud@mysl.org	763-232-4921
Membership	Laurie Leitch	293-9500
Newsletter	Bill Gorcica	293-5349
	Julie Olson	255-1223
	Laurie Leitch	293-9500
Outings	Steve Zinsli	253-2018
Trail Grooming	Phil Rogosheske	252-7291
Coordinator	Bob Skow	253-2919
Webmaster	Roger Sorensen	290-6217
Trail Supervisor	Phil Rogosheske	252-7291

www.nordicskiclubcentralmn.org