



2011 SPRING/SUMMER OUTINGS CALENDAR

The Outings Committee has coordinated a variety of summer activities. Please join us for some warm weather fun in the sun.

SAFETY ALERT:

Helmets will be REQUIRED on all Nordic Ski Club bike outings, including *Wheels on Wednesdays*. It is also suggested that life jackets be worn by canoeists on all canoe outings.

WHEELS ON WEDNESDAY

Pump up those inner tubes and joins ski club friends for an easy social bicycle ride followed by coffee and conversation. Meet at the Lake Wobegon trail center in St. Joseph at 6:30 pm every Wednesday evening from May through the end of August. Routes will be chosen at the whims of whoever shows up for the ride that evening, but generally the length of the ride will be around 15 miles. For information contact Roseanne Schoemehl at 249-5187.

April 30, Saturday: BIRD WATCHING AT RIVERSIDE PARK / TALAHI WOODS

We will meet at 7:00 AM in the parking lot by the Riverside Park Picnic Pavilion in St. Cloud. Hopefully the warbler migration will be in full swing. Bring your bird identification guide and a pair of binoculars if you have them. Call Steve Zinsli at 253-2018.

May 28, Saturday: ELM CREEK/MAPLE GROVE BIKE TRAILS

Bike the Elm Creek and Fish Lake bike trails. We'll bike between 20 to 30 miles with a variety of scenery. There are many options for a good meal after the ride. Call Pat McNeal for departure time and place at 253-0229.

June 4, Saturday: MAYOR'S BIKE RIDE

Come show your support for building the Lake Wobegon Trail from St. Joe to downtown St. Cloud. 9:00 AM start at the St. Cloud city hall. Ride 5 miles to River's Edge Park in Waite Park. Hear from community leaders and enjoy free snacks and refreshments. No sign up, no registration fee. Invite some friends - it is all FREE. For additional information call Michelle Musser at 252-7568.

June 11-12, Saturday - Sunday: WINERY BIKE TOUR

Distance biked each day will be approximately 40 miles. We will visit wineries near Kimball and Spicer. There will be a few more miles as we go from the Glacial Ridge Winery in Spicer to the motel and then to the Murder Mystery dinner (for those who want to participate in it). Participants are responsible for making their own motel and Mystery dinner tour reservations. Apparently sometimes there are discounted tickets at groupon.com or valueconnection.com for Spicer Castle Murder Mystery dinner.

Motel we'll be staying at: Lake View Motel 320-796-2224. No AARP rate. Rooms have one queen and 1 dbl in ea room for \$61.00/ night. The hotel management said they could cancel reservations with 24 hr notice (new owners).

Spicer Castle: 800-821-6675 or 320-796-5870. Price for the Murder Mystery Dinner is \$59 + tax and gratuity. This includes a 5 course meal and participation in the murder mystery. Both the Castle and the motel advised that we make reservations SOON as that is the beginning of their "high season". Call trip leaders for specific details about starting time, place, etc. Trip leaders not responsible for weather, bad roads or motel conditions. For more information contact Pat M. at 253-0229 or Cindy R at 224-1104.

June 11, Saturday: CAMEL ROLL BIKE RIDE

A Sweet Ride on a Sweet Trail. The ride starts at the Albany city hall between 8 AM and 10 AM. Free sweet rolls and fruit. For more information or to register go to www.lakewobegontrails.com

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Join Today!

Membership Form

Annual Membership Fee: \$20

Membership includes a ski hat which can be picked up at Revolution Sports in St. Cloud.

Name(s) _____

Address _____

City / State / Zipcode _____

Phone Number _____

Email _____

Make check payable to:
Nordic Ski Club of Central MN
 Mail to:
 Laurie Leitch
 1938 29th St. South
 St. Cloud, MN 56301

- I am interested in volunteering for the following activities...**
- Organizing Outings
 - Mailings/Newsletters
 - Moonlight Ski
 - Youth Ski Program
 - Ski Race
 - Quarry Park Ski Patrol
 - Trail Work
 - Ski Swap
 - Check here if this is a renewal membership.
 - Check here if you do *not* want your name & phone listed in the membership roster.



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June 18, Saturday: BIKING PAUL BUNYAN TRAIL

Join us as we venture north to Brainerd and bike a moderate (44 mile) roundtrip ride from the trailhead at Brainerd/Baxter to Pequot Lakes. We will have several rest stops along the route including lunch at a restaurant in Nisswa and an ice cream stop on the way back. Plan to meet at 8:30 AM for carpooling to the Brainerd/Baxter trailhead. Call Carl and Diane Bublitz for carpooling details 259-1939.

July 7-12, Thursday - Tuesday: BACKPACKING THE SUPERIOR HIKING TRAIL

On this backpacking trip we will hike the SHT from Finland Recreation Center to Temperance State Park. Participants can finalize the itinerary but tentatively we'd drive to the north shore and shuttle vehicles on the 7th, spend 3 or 4 nights on the trail and return no later than July 12th. Camping is at backcountry sites along the trail. You should provide your own pack and personal gear. Tents are typically shared as are costs for consumables & food. Trip leaders: Roger Sorensen, 290-6217, r.sorensen@charter.net and James Bryer 253-7787.

July 23, Saturday: SAUK RIVER CANOEING - COLD SPRING TO ST. CLOUD

Spend an afternoon canoeing on the Sauk River. We will put in at Frogtown Park in Cold Spring around 1:00 PM and canoe to Anton's in Saint Cloud, where we will have supper. Canoeing distance is approximately 16 miles. (Hey, it's not so bad, it's all downhill.) Please call trip leaders at least a couple of days ahead of time in order to allow for planning of car and boat shuttling. Trip organizers: Steve Zinsli (253-2018) and James Bryer (253-7787)

Aug 6, Saturday: BIKE TO BREAKFAST - WAITE PARK TO CLEARWATER

Who would like to eat some fritter bread or French toast at the Clearwater Truck Stop on a mid-summer morning instead of puttin' up with ol' man winter? Let's bike 18 miles one way to the Clearwater Truck Stop and refresh ourselves with some good eats and bike home. Let's start at 7:30 AM at my house (121 7th Avenue North, Waite Park), bike to Cindy Robertson's house and pedal away to Clearwater. See you when it's warmer... will it be warmer???? Call Linda Christen at 320-259-5787

Aug 13, Saturday: A SUPERIOR DAYHIKE

This day hike is a 7.5 mile (or 4.3) trek on the SHT in the Duluth area. After dodging all the road construction, we'll meet at the Spirit Mountain trailhead then shuttle to the Munger trailhead. Those wanting a shorter hike can leave a car at the Magney Snively trailhead. We'll hike from Munger over Ely's Peak and the Bardon Peak area and end with a hike up Spirit Mountain. Pack a lunch to bring on the trail. Trip organizer: Roger Sorensen (290-6217 or r.Sorensen@charter.net)

Aug 27, Saturday: CANOE THE CHAIN OF LAKES - RICHMOND TO COLDSRING

We will put in on Long Lake (south of Richmond) and canoe through nine lakes on the Horseshoe Chain, ending at Lion's Park on the Sauk River in the town of Cold Spring. Plan on having canoes in the water and starting to paddle around 10:00 AM. We will have lunch at an establishment in Cold Spring when we arrive there. Canoeing distance is approximately ten miles. Call trip organizers at least two days ahead of time in order to allow time to plan the logistics of boat/car shuttles. Trip organizers: Steve Zinsli (253-2018) and Roger Sorensen (290-6217 or r.Sorensen@charter.net)

Late August -- early Sept. ??: WILD RICE HARVESTING

If you've ever thought about harvesting your own wild rice, then this outing is for you. Join experienced ricers (well, okay, we've done this twice now) Rick Walter and Denis McGuinness, as we set out on an all day adventure to Mallard Lake, just north of Mille Lacs Lake. This outing will take place sometime in late August or early September, depending on what dates the DNR sets for the ricing season. Each pair of participants will need a canoe, harvesting licenses, flail sticks, and a push pole (more information will be provided as we near the outing). Our goal will be to have enough rice (several hundred pounds) to take to a commercial processor. We will all split the finished product, and your holiday shopping will be done. Call Rick at 654-9048 for more information and to add your name to the list.

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